

Hi all,

As you may or may not know the Tri section has been working hard toward obtaining Clubmark accreditation for the last few months. The aim of the Clubmark is to improve the Tri section for junior members by setting up the club so that it provides a safe and encouraging environment to any young athlete. This is achieved by meeting criteria set out by the BTF. These criteria relate to Welfare and Child protection, Coaching and Competition, Equity and Ethics and Club Management. To be honest the club has always been very conscious of its duty to young athletes and a lot of the criteria had already been met but some other areas have had some minor changes. I've taken some info from the BTF website and I've tried to condense as best I can so that you all get the general idea of what we've set up. Please take the time to read it and if you have any queries or suggestions please let me know. The idea of obtaining the Clubmark was to improve on something that was already very good.

### **Welfare and Child Protection:**

The club has adopted the British Triathlon Good Practice and Child Protection Policy and is actively working to implement the policy. We have identified Lorraine Hewett as Welfare Officer to manage child protection issues and attend recommended training. Lorraine and Nigel have undertaken approved child protection training. SLH Tri Club has adopted codes of conduct for all coaches, officials and volunteers working with children and young people. There is access to first aid equipment at all coaching and competition sessions. We have emergency procedures for dealing with serious injuries/accidents as well as having access to a telephone (land line or mobile) at all coaching sessions and training. There is a secure, up to date database of contact details of parents / carers / and emergency / alternative contacts including information on medical conditions of all young people in its care and imparts the relevant information to club coaches.

### **Coaching and Competition:**

All club pool based swim sessions have a lifeguard present, adhering to the ratio determined by the facility's Normal Operating Procedures. The club supports young people (between ages of 8-16yrs) to access coached multi-discipline training sessions at least once per week as well as providing a minimum of one coached club session for young people per month. A coach: young person ratio of 1:15 is observed to ensure quality coaching and safety during all sessions. Nigel, as a qualified British Triathlon L2 Coach has taken responsibility for the overall triathlon programme. Nigel has attended British Triathlon's LII coaching course and the club has written roles/responsibilities for coaches involved in delivery to young people. These are agreed and signed by all coaches. The club has professional indemnity and/or public liability insurance and has completed a risk assessment of all facilities used regularly and is aware of the facility's Health and Safety Policy. As a safety precaution we ensure that all young people wear "British Triathlon approved" cycle helmets during cycle training sessions. We have members participating in local events and encourage participation in the Regional Children's/Youth Series.

### **Equity and Ethics:**

We have an open non-discriminatory constitution and have adopted the British Triathlon Equity Policy. Rob Crozier has attended a Running Sport "A Club for All" workshop and Nigel Costiff has attended a sports coach UK "Equity in your Coaching" workshop. We have codes of conduct for parents/carers, children and young people and all volunteers including coaches.

### **Club Management:**

We have public liability insurance provided through British Triathlon club affiliation. As part of South London Harriers we have a specific membership category and pricing policy for children and young people. We communicate regularly with parents/carers and all members through the E-Group, Tri-ing times and by word of mouth. There are two cheque signatories for the club account. As well as being the Welfare officer Lorraine Hewett is the "Junior Coordinator" and is responsible for liaising with local sports partnerships/Sports Development Officer and the British Triathlon RDSO/Regional Committee. The club has links with local schools; Coulsdon High and Caterham School. We also have links with Addiscombe Cycle Club. We support our young people accessing the World Class Programmes by reporting bi-annually to the RDO. There are a minimum of two social events per year, of which one is an occasion to recognise achievements of the clubs junior members.