



SLH
Tri
CLUB

SUMMER AQUATHLON SERIES

To be Held at: **Caterham School,**
Harestone Valley Rd,
Caterham, Surrey.

Entry Fee £3.50 seniors £1.50 juniors

Date 14th September

TIME: 1:30 for briefing
2pm start (prompt)

Adults	400m	Swim
	4k	Run

Juniors	Swim (Metres)	Run (kilometres)
9-10 yrs	150 m	1.5 km
11-12 yrs	250 m	2 km
13-15 yrs	400 m	3 km

Please contact Lorraine Hewett for entry and further details;

Closing Date 12th September. No entries on the day.

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