

SLH Tri Club Calendar 2008



Date	Event	Weblink	Event summary
January			
Tuesday 1 st	2x1 event (Caterham School)		1 bike, 2 people
February			
March			
Sunday 1 st	SLH Swim Challenge (Caterham School)	SLH Tri	3x1500m Relay Individual 1500m 1 hour Challenge 2 hour Challenge
Monday 24 th	Thames Turbo Sprint Triathlon (1 st London League)	Thames Turbo Triathlon Club	Pool swim – 426m Bike – 21km Run – 5km
April			
Sunday 27 th	Club 100km ride (Club house)		
May			
Friday 2 nd	Club Aquathlon (Caterham School)		Swim - Run -
Sunday 4 th	Hillingdon (1 st Junior London League)		
Sunday 4 th	Dragonslayer MTB Sprint Triathlon (2 nd London League)	East London Triathletes	Run - 3 miles Bike - 20 miles Run - 5 miles
Sunday 11 th	Morden 6n6 (3 rd London League)	Kingfisher Triathletes	Swim – 600 metres Run - 6 miles
Sunday 18 th	East Grinstead Triathlon (Sprint distance club champs)	egtri.com	Swim – 500 metres Cycle – 26 kilometres Run – 5 kilometres
Sunday 18 th	Hatchend (2 nd Junior London League)		
Saturday 24 th	Club Training Camp to Pyrenees	Velo Pyrenees	One week training

June			
Sunday 22 nd	Thames Turbo (3 rd Junior London League)		
Sunday 22 nd	Southwater training day		
Sunday 29 th	K2 Crawley (4 th Junior London League)		
July			
Sunday 13th	Hillingdon Tri (4th London League)	Hillingdon Triathletes	Swim – 600m Run – 6km Bike – 25km
Friday 25 th	Club Aquathlon (Caterham School)		Swim - Run -
August			
Saturday 2nd	National Relay Champs (Nottingham)	Pacesetter Events	Relay x 4: Swim – 500m Bike – 15km Run – 5km
Sunday 10 th	Worthing Triathlon (Olympic distance club champs)	Raw Energy Pursuits	Swim – 1.5 km Bike – 43 km Run – 10 km
Saturday 16th	Clash of the Tritons (5th London League)	Greenwich Tritons Triathlon Club	Swim – 500m Run – 5km
Sunday 24 th	Club 1500m swim champs (Caterham School)		
September			
Saturday 6 th	Tri Vitruvian (Long Course Club Champs)	Pacesetter Events	Swim – 1900m Bike – 85km Run – 21km
Sunday 7th	South Water Relays	Amphibians 2 Triathlon Club	Relay x 3: Lake swim – 400m Bike – 18.5km Run – 3.8km
Sunday 21st	Crystal Palace Tri (6th London League)	Crystal Palace Triathletes	Swim – 750m Bike – 20km Run – 5km
October			
Sunday 26th (TBC)	Jekyll and Hyde Park Duathlon (7th London League)	Serpentine Triathletes	Run – 8km Bike – 19.5km Run – 4.2km
November			
Saturday 8 th	Ballbuster Duathlon	Human Race	Run – 8 miles Bike – 24 miles Run – 8 miles
Saturday 8 th	AGM and Social		Beer – a few cheeky ones AGM Beer – until you drop!!

It would be great for the club if all members could aim to race in those events that appear in a grey box.