

Entry form for 1500m open water swim championships 26th August 2007

Name

Address

e.mail address

Tel No.

Age as at 31/12/07.....

Seasons best 400m pool swim time (if not known estimated)

Waiver

I understand that I take full responsibility for this event. That I am physically fit and will not hold anybody responsible for this event. Parent/guardian to sign for under 16 year olds minimum age for event 14.

Signature

Return to Nigel/Chris Costiff

10 Woodhatch Spinney

Coulsdon

Surrey CR5 2SU

by 20/8/07

Entry fee £5.00 strictly no entries on day.

Cheques made payable to SLH Tri Club.

BBQ YES/NO (number for BBQ)