

	swim		bike		run		overall			
Gavin Smith	00:09:33	2	00:33:56	3	00:15:58	1	01:00:33	1	M1639	OPTM
Kate Balchin	00:11:28	28	00:37:50	46	00:19:01	22	01:09:24	23	F1639	TTT
Ruth Hutton	00:11:44	31	00:36:27	30	00:20:15	52	01:09:47	24	F4099	SLH Tri
Chris Holmes	00:12:28	52	00:38:21	62	00:21:33	97	01:14:02	65	M1639	SLH Tri
Francis Staunton	00:16:32	249	00:39:09	76	00:18:14	9	01:16:23	89	M1639	
Steve Southall	00:15:37	213	00:39:05	75	00:22:41	150	01:19:07	116	M4049	SLH Tri
Robert McKinlay	00:15:21	197	00:42:56	167	00:22:30	143	01:22:28	153	M1639	SLH Tri
Andy Davidson	00:15:12	190	00:44:21	195	00:22:19	131	01:23:30	166	M4049	SLH Tri