

Pos	cat	Name	Cat	Team Name	Run1	pos	Cycle	pos	Run 2	pos	Finish
1	1	Tim Don	M Elite		00:42:00	2	01:07:03	4	00:12:43	1	02:01:48
2	2	Oliver Mott	M Elite	Tri UK - Gatorade	00:43:23	4	01:05:39	2	00:12:50	2	02:01:53
3	3	Wayne Smith	M Elite		00:43:27	6	01:06:28	3	00:13:40	14	02:03:37
4	4	Matt Moorhouse	M Elite	Tri Preston	00:43:01	3	01:07:52	7	00:12:56	3	02:03:51
5	5	Phil Wylie	M Elite	Diadora/Bicycleworks	00:41:39	1	01:10:16	13	00:13:09	4	02:05:06
6	6	Daniel Corner	M Elite	Arctic Shorter Rochford RT	00:46:40	36	01:05:31	1	00:14:04	27	02:06:17
7	7	Rob Watkinson	M Elite	Rotherham Harriers/Doncaster Wheelers	00:44:01	10	01:09:31	10	00:13:14	6	02:06:47
8	8	Toby Jameson	M Elite	Total Fitness Bath/Team Bath	00:45:13	15	01:08:14	8	00:13:53	21	02:07:22
9	1	Matt Cullen	M25 to 29	TheEnduranceCoach.com	00:43:34	7	01:10:56	17	00:13:28	11	02:08:00
10	2	Paul Mountford	M25 to 29	Parker-International.co.uk	00:46:57	39	01:07:47	5	00:14:03	26	02:08:50
11	3	Paul Holdaway	M25 to 29	team lifestyle	00:46:10	26	01:08:37	9	00:14:19	34	02:09:08
12	1	Vincent Kamp	M30 to 34	ful-on tri	00:45:47	22	01:10:09	12	00:13:15	7	02:09:13
13	9	Daniel McCarthy	M Elite	University of Surrey	00:43:47	9	01:13:16	37	00:13:14	5	02:10:19
14	1	Simeon Lloyd	M35 to 39	The Triathlon Coach	00:44:46	13	01:12:23	29	00:13:38	13	02:10:48
15	10	Oliver Stanley	M Elite	Loughborough Students	00:46:22	31	01:11:20	19	00:13:20	9	02:11:04
16	11	Lee Piercy	M Elite	Primera Bournemouth	00:45:29	18	01:12:08	27	00:13:41	16	02:11:20
17	2	Stuart Anderson	M30 to 34	Tri Living	00:46:54	38	01:10:22	15	00:14:10	30	02:11:28
18	1	Paul Rogers	M40 to 44	Black Country Triathletes	00:45:13	16	01:12:25	30	00:13:50	19	02:11:30
19	2	Chris Nicoll	M35 to 39	Derby Tri Club	00:46:17	30	01:11:22	20	00:13:54	22	02:11:36
20	3	Ian Coupland	M35 to 39	Mid Shropshire Wheelers Tri	00:45:41	21	01:12:06	26	00:13:50	20	02:11:39
21	12	Simon Richards	M Elite	The University of Birmingham Tri	00:46:37	35	01:10:25	16	00:14:37	44	02:11:41
22	1	Michael Martin	M20 to 24	University of Bath Tri Club	00:46:44	37	01:11:00	18	00:13:58	25	02:11:44
23	4	Marc Laithwaite	M35 to 39	TheEnduranceCoach.com	00:46:15	29	01:11:51	25	00:14:13	33	02:12:21
24	5	Michael Pluckrose	M35 to 39	TheEnduranceCoach.com	00:46:14	27	01:11:49	24	00:14:20	35	02:12:25
25	13	Nathaniel Williams	M Elite	Loughbrough Students	00:44:03	11	01:15:39	59	00:13:27	10	02:13:10
26	3	Simon Brooksbank	M30 to 34	TheTriathlonCoach.com	00:45:18	17	01:13:08	34	00:14:44	50	02:13:12
27	2	Dave Roper	M20 to 24	Tri Team Glos	00:45:31	19	01:12:16	28	00:15:34	87	02:13:23
28	4	David Vaughan	M25 to 29		00:44:56	14	01:15:30	57	00:13:40	15	02:14:07
29	14	Lawrence Fanous	M Elite	2XU TFN RT	00:46:22	32	01:14:43	54	00:13:15	8	02:14:22
30	1	Catriona Morrison	F Elite		00:47:11	42	01:13:13	36	00:14:05	28	02:14:30
31	5	Oliver Mytton	M25 to 29	TFN Tri Club	00:48:40	59	01:11:47	23	00:14:10	31	02:14:39
32	15	Mark White	M Elite	Team TRI UK	00:47:12	43	01:13:11	35	00:14:30	40	02:14:54
33	16	Matt Hammerton	M Elite	2XU TFN RT	00:46:01	24	01:14:00	43	00:15:02	64	02:15:04
34	7	James Stratton	M35 to 39	Thames Turbo	00:49:47	74	01:10:22	14	00:14:54	56	02:15:06
35	6	Phillip Matthews	M25 to 29		00:44:28	12	01:16:50	67	00:13:55	23	02:15:15
36	2	Andy Collins	M40 to 44	SLH Tri Club	00:47:30	46	01:13:39	41	00:14:26	38	02:15:36
37	2	Michelle Lee	F Elite	Team MK	00:47:10	41	01:14:04	44	00:14:21	36	02:15:38
38	1	Mark Francis	RELAY	Owe Me Back	00:50:36	89	01:11:33	21	00:14:10	32	02:16:21
39	3	Mark Botteley	M40 to 44	millies interiors	00:51:10	100	01:09:50	11	00:15:26	81	02:16:28
40	4	Steve Mead	M40 to 44	Oxford Tri	00:48:02	50	01:13:35	40	00:14:56	58	02:16:35
41	4	Jason Benniman	M30 to 34	Brighton Phoenix Tri	00:46:00	23	01:16:47	66	00:13:49	18	02:16:38
42	7	Ian Roberts	M25 to 29	Ashurst Bike Club	00:47:27	45	01:14:30	50	00:14:58	59	02:16:57
43	8	Stephen Finnigan	M35 to 39	Ashurst Bike Club	00:48:14	53	01:14:07	45	00:14:34	43	02:16:57
44	1	Gawie Nienaber	M50 to 54	Farnham Tri	00:53:24	141	01:07:48	6	00:15:52	105	02:17:06
45	2	John Field	M50 to 54	Mansfield Tri Club	00:47:09	40	01:15:31	58	00:14:46	51	02:17:28
46	8	Justin Webb	M25 to 29	Next Gen Tri	00:47:35	47	01:15:42	60	00:14:22	37	02:17:41
47	9	Jimmy George	M25 to 29	In-Gear Quickvit RT	00:48:02	51	00:00:00		00:00:00		02:18:02
48	5	Chris Taylor	M40 to 44	Berkshire Tri Squad	00:49:13	65	00:00:00		00:00:00		02:18:25
49	10	David Chapman	M25 to 29	Team MK	00:49:15	66	01:13:34	39	00:15:44	99	02:18:35
50	9	David Biddulph	M35 to 39	Chorley Tri	00:49:48	75	01:13:57	42	00:15:00	62	02:18:47
51	1	Joe Skipper	MJunior	Tri-Anglia	00:50:11	80	01:13:00	32	00:15:45	100	02:18:58
52	17	Ian Smith	M Elite	2XU TFN RT	00:48:41	60	01:14:43	53	00:15:38	93	02:19:04
53	10	Noel Edwards	M35 to 39	Coventry Triathletes	00:46:14	28	01:18:24	80	00:14:32	42	02:19:12

54	11 Kev Hope	M25 to 29	TFN Tri Club	00:48:44	61 01:16:43	65 00:13:56	24 02:19:24
55	5 Matt Shillabeer	M30 to 34	Ashurst Bike Club	00:50:22	85 01:12:57	31 00:16:04	112 02:19:25
56	11 Ian Loades	M35 to 39	Oxford Tri	00:49:18	67 01:14:38	51 00:15:38	94 02:19:35
57	12 Mark Shaw	M35 to 39	Boneshakers RT	00:49:55	77 01:15:00	55 00:14:54	57 02:19:51
58	6 Karl Free	M30 to 34	Met Police Tri	00:49:58	78 01:14:20	47 00:15:37	92 02:19:57
59	1 Tony Caulton	M45 to 49	Derbyshire Police	00:48:06	52 01:17:09	68 00:14:49	53 02:20:06
60	7 Richard Hamilton	M30 to 34	Leeds & Bradford Tri Club	00:51:13	103 01:14:08	46 00:15:12	68 02:20:35
61	12 James Brown	M25 to 29	Met Police Tri	00:48:56	62 01:16:34	63 00:15:13	69 02:20:44
62	13 Andrzej Bojarski	M35 to 39	Hemel Hempsted CC	00:51:43	111 01:13:24	38 00:15:52	104 02:21:01
63	6 Gary Blesson	M40 to 44	Sigma Sport	00:48:15	54 01:17:46	71 00:15:07	66 02:21:11
64	13 Matthew Ford	M25 to 29	Ful-On-Tri	00:50:13	81 01:16:25	62 00:14:40	47 02:21:19
65	2 Dan White	M45 to 49	The Hogarth Club	00:47:54	48 01:19:04	91 00:14:30	41 02:21:31
66	7 Philip Makepeace	M40 to 44	Leicester Tri Club	00:43:46	8 01:24:16	135 00:13:42	17 02:21:46
67	3 Nick Keeling	M50 to 54	Derby Tri Club	00:48:22	56 01:19:14	93 00:14:07	29 02:21:46
68	8 Sean Beard	M40 to 44	Pactrac	00:47:17	44 01:19:08	92 00:15:22	77 02:21:48
69	8 Barry Carmichael	M30 to 34		00:50:51	93 01:15:58	61 00:15:14	70 02:22:05
70	3 Kevin King	M45 to 49	Southampton Tri Club	00:48:19	55 01:18:52	86 00:14:59	60 02:22:12
71	18 Phil Westmoreland	M Elite	2XU TFN RT	00:51:21	105 01:15:06	56 00:15:47	101 02:22:15
72	14 John Russell	M35 to 39	BAD Tri	00:54:23	157 01:11:40	22 00:16:36	141 02:22:42
73	14 Andrew Walpole	M25 to 29	Tri Anglia	00:49:22	68 01:18:57	88 00:14:26	39 02:22:46
74	9 Chris Rainford	M40 to 44	GMC fire service tri	00:53:27	142 01:13:01	33 00:16:18	124 02:22:48
75	10 Kev Willers	M40 to 44	Sportstest.co.uk	00:52:33	123 01:14:42	52 00:15:43	98 02:22:59
76	4 Peter Wheddon	M50 to 54		00:51:40	109 01:14:23	48 00:16:58	157 02:23:02
77	11 Paul Scott	M40 to 44	NEWT	00:50:13	82 01:17:37	70 00:15:22	78 02:23:14
78	4 Simon Osborne	M45 to 49	Pencoed Tri	00:49:32	70 01:18:47	85 00:15:12	67 02:23:32
79	9 Andrew Mosley	M30 to 34	Chippenham Wheelers	00:47:57	49 01:21:02	111 00:14:47	52 02:23:48
80	5 Ian Howard	M50 to 54	Farnham Tri	00:50:49	92 01:17:53	73 00:15:35	90 02:24:19
81	10 Richard Howarth	M30 to 34	Leeds & Bradford Tri Club	00:49:39	72 01:19:25	94 00:15:20	74 02:24:26
82	11 Mitch Piddock	M30 to 34	The University of Bath	00:48:25	57 00:00:00	00:00:00	02:24:37
83	6 Brian Swindell	M50 to 54	Derby Tri Club	00:48:58	63 01:20:19	102 00:15:33	86 02:24:52
84	12 Patrick Gould	M30 to 34		00:50:57	95 00:00:00	00:00:00	02:25:01
85	12 Jonny Rawlings	M40 to 44	Tri Team Glos	00:51:03	96 01:17:33	69 00:16:23	133 02:25:01
86	3 Jacob Manning	M20 to 24	Derby Tri Club	00:51:10	101 01:18:19	79 00:15:40	96 02:25:11
87	13 Jim Thorn	M40 to 44	Oxford Tri	00:49:49	76 01:19:37	98 00:15:55	107 02:25:22
88	1 Robyn Golding	F30 to 34	BAD Tri	00:50:48	91 01:19:34	96 00:15:00	63 02:25:24
89	5 Hanno Nickau	M45 to 49	Oxford Tri	00:55:04	172 01:14:24	49 00:16:00	109 02:25:30
90	3 Rachel Jones	F Elite	Tri Preston	00:48:39	58 01:22:23	119 00:14:37	45 02:25:40
91	1 Steve Braund	M55 to 59	Barracuda Tri Club	00:53:23	140 01:16:38	64 00:16:01	110 02:26:04
92	6 Jez Smedley	M45 to 49	TFN Tri Club	00:52:41	126 01:18:05	74 00:15:23	80 02:26:10
93	13 Rob Harper	M30 to 34	Manchester Tri Club	00:51:04	97 01:19:36	97 00:15:34	88 02:26:15
94	15 Gareth Dixon	M25 to 29	BRAT	00:51:37	107 01:18:56	87 00:15:47	102 02:26:22
95	15 Mark Hanby	M35 to 39	Chippenham Wheelers	00:51:46	112 01:18:15	77 00:16:22	129 02:26:24
96	14 John Longmuir	M40 to 44	Tri Team Glos	00:52:44	127 01:18:28	82 00:15:16	73 02:26:29
97	2 Stuart McGowan	M55 to 59	Bike and Run	00:51:38	108 01:18:45	84 00:16:07	113 02:26:32
98	16 Thomas McKee	M25 to 29	Barracuda Tri Club	00:46:31	34 01:26:37	162 00:13:37	12 02:26:47
99	14 Andrew Leck	M30 to 34		00:52:05	117 01:18:09	75 00:16:32	139 02:26:48
100	1 Mick Anglim	M60 to 64	Hardley Tri	00:52:36	125 01:17:52	72 00:16:38	142 02:27:07
101	15 Pete Summers	M40 to 44	Hillingdon Triathletes	00:50:17	83 01:22:17	118 00:14:50	54 02:27:25
102	16 Mark Chapman	M40 to 44	Sheffield Tri	00:51:55	115 01:20:11	99 00:15:32	85 02:27:39
103	15 Nick Simmons	M30 to 34		00:00:00	00:00:00	00:00:00	02:27:42
104	4 Louisa Edmonston	F Elite	Edinburgh Road Club	00:52:17	119 01:20:15	101 00:15:15	71 02:27:48
105	7 Robert Moore	M45 to 49	Exeter Tri	00:52:46	129 01:18:17	78 00:17:30	171 02:28:35
106	16 Warren Evans	M30 to 34	Thames Turbo	00:53:16	135 01:19:00	90 00:16:22	130 02:28:40
107	17 Barry Mckenna	M40 to 44		00:51:11	102 01:22:25	121 00:15:16	72 02:28:53
108	16 Chris Booker	M35 to 39	Richardallenfitness.com	00:53:19	137 01:20:13	100 00:15:30	83 02:29:04

109	17 Grant McKinlay	M35 to 39	MVH Tri Club	00:51:05	98 01:23:27	125 00:14:41	49 02:29:15
110	17 Jean-Louis Benavides	M25 to 29	Serpentine	00:50:40	90 01:24:02	129 00:14:53	55 02:29:36
111	2 Esther Evans	F30 to 34	Thames Turbo Sigma Sport	00:50:03	79 01:24:54	140 00:14:41	48 02:29:40
112	7 Michael Barnsdale	M50 to 54	Spalding Tri Club	00:51:42	110 01:22:45	122 00:15:20	75 02:29:48
113	3 Howard Doe	M55 to 59	Hardly Tri Club	00:51:16	104 01:22:06	116 00:16:26	135 02:29:50
114	17 Matt Hemsley	M30 to 34	TFN Tri Club	00:52:21	121 01:22:00	115 00:15:34	89 02:29:56
115	18 Daniel Sweet	M30 to 34		00:54:40	165 01:18:09	76 00:17:07	161 02:29:57
116	18 David Constance	M40 to 44	Stafford Tri Club	00:52:11	118 01:21:28	113 00:16:32	140 02:30:13
117	19 Paul Alcock	M40 to 44	Andersons Racing	00:54:06	149 01:20:49	107 00:15:30	84 02:30:27
118	20 Graham Tomkins	M40 to 44	Thames Turbo	00:53:27	143 01:21:23	112 00:15:39	95 02:30:31
119	19 Jonathan Russell	M30 to 34	Richardallenfitness.com	00:52:53	132 01:22:24	120 00:15:22	79 02:30:41
120	18 Paul Rogers	M25 to 29		00:55:18	175 01:18:28	83 00:16:57	155 02:30:45
121	8 Anthony Turner	M45 to 49	Andersons Racing	00:54:08	151 01:20:56	110 00:15:52	106 02:30:57
122	9 John Ludvigsen	M45 to 49	Wakefield Tri Club	00:55:54	181 01:19:30	95 00:16:18	125 02:31:44
123	1 Angela Jones	F40 to 44		00:50:17	84 01:26:34	161 00:14:59	61 02:31:51
124	20 Gary Bailey	M30 to 34		00:50:52	94 01:24:55	141 00:16:19	126 02:32:08
125	18 Harvey Bennett	M35 to 39		00:55:06	173 01:20:54	109 00:16:16	120 02:32:18
126	21 Steven Garner	M30 to 34		00:49:25	69 01:28:19	180 00:14:39	46 02:32:24
127	10 Paul Timmons	M45 to 49	Ripley Running Club	00:51:28	106 01:26:18	155 00:15:04	65 02:32:51
128	22 David Knight	M30 to 34	Hillingdon Triathletes	00:54:32	159 01:20:47	106 00:17:36	179 02:32:57
129	5 Jacqui Slack	F Elite	Subsixty	00:54:39	164 01:20:52	108 00:17:30	173 02:33:03
130	19 Chris Gauntlett	M35 to 39	Sheffield Tri	00:55:03	171 01:20:33	105 00:17:31	174 02:33:09
131	3 Susan Blackett	F30 to 34	Berkshire Tri Squad	00:52:33	124 01:24:20	136 00:16:16	119 02:33:11
132	4 Rob Alger	M55 to 59	Derby Tri Club	00:52:44	128 01:22:57	123 00:17:29	170 02:33:12
133	20 Darren Robinson	M35 to 39	Belper CC	00:53:55	145 01:21:35	114 00:17:58	197 02:33:30
134	11 Patrick Berkhold	M45 to 49	Leeds & Bradford Tri Club	00:56:45	197 01:18:58	89 00:18:05	202 02:33:50
135	21 Ian Wylie	M40 to 44	Tunbridge Wells Harriers TC	00:51:48	113 01:27:15	171 00:15:28	82 02:34:32
136	4 Ros Viner	F30 to 34		00:51:50	114 01:27:06	168 00:15:40	97 02:34:38
137	5 Christopher Pedley	M55 to 59	Black Country Triathletes	00:56:43	196 01:20:26	103 00:17:36	182 02:34:46
138	1 Nicky Bushell	F35 to 39	BAD Tri	00:54:54	167 01:23:42	127 00:16:19	127 02:34:58
139	23 Ross Calder	M30 to 34		00:56:32	192 01:20:30	104 00:17:57	196 02:35:01
140	24 Nick Corker	M30 to 34		00:49:38	71 01:29:17	195 00:16:18	123 02:35:15
141	21 Steven Emerton	M35 to 39		00:53:19	138 01:25:46	145 00:16:22	131 02:35:28
142	25 Paul Annetts	M30 to 34	Leeds & Bradford Tri Club	00:59:09	227 01:18:25	81 00:18:00	200 02:35:36
143	2 Caroline Toshack	F35 to 39		00:53:12	134 01:26:08	154 00:16:42	146 02:36:04
144	22 Stephen Lloyd	M40 to 44	Worcester Tri	00:56:23	191 01:22:13	117 00:17:27	169 02:36:06
145	23 Nigel Herron	M40 to 44	Brighton Phoenix Tri	00:54:17	156 01:25:52	148 00:15:59	108 02:36:10
146	22 Chris Levy	M35 to 39	Ashurst Bike Club	00:53:18	136 01:25:25	143 00:17:32	176 02:36:16
147	23 Ben Starbuck	M35 to 39	MVH Tri Club	00:53:57	146 01:26:27	159 00:16:12	114 02:36:38
148	12 Ian Lloyd	M45 to 49	Sheffield Tri	00:56:00	183 01:24:42	138 00:16:01	111 02:36:45
149	13 Matt Sheehan	M45 to 49		00:56:09	187 01:23:24	124 00:17:19	164 02:36:54
150	19 Patrick O'keeffe	M25 to 29		00:54:04	148 01:26:44	164 00:16:14	117 02:37:04
151	8 Robin Harris	M50 to 54	Barracuda Tri Club	00:55:28	177 01:24:44	139 00:16:53	151 02:37:07
152	5 Rachel Hobbs	F30 to 34		00:56:37	194 01:24:05	131 00:16:25	134 02:37:09
153	24 Jez Statham	M35 to 39	GEARSANDTEARS.COM	00:54:10	152 01:25:58	150 00:17:01	160 02:37:10
154	2 Richard Melvern	M60 to 64		00:52:49	130 01:27:40	173 00:16:41	144 02:37:12
155	24 Anthony Burns	M40 to 44	Derby Tri Club	00:56:56	200 01:24:00	128 00:16:22	132 02:37:19
156	1 Lucinda Insall-Jones	F25 to 29		00:52:49	131 01:28:03	177 00:16:26	136 02:37:19
157	2 Louise Kelly	F25 to 29	Leicester Tri Club	00:54:32	160 01:27:13	170 00:15:36	91 02:37:23
158	6 Kirsty Hewitson	F30 to 34	Oxford Uni Tri	00:55:55	182 01:25:13	142 00:16:20	128 02:37:29
159	7 Donna Edmondson	F30 to 34	Leeds & Bradford Tri Club	00:55:27	176 01:25:53	149 00:16:12	115 02:37:34
160	3 Jane Wibley	F35 to 39	Thames Valley Triathletes	00:54:54	168 01:26:24	158 00:16:44	147 02:38:04

161	25	Chris MacDonald	M35 to 39		00:56:55	199	01:24:07	132	00:17:11	163	02:38:15
162	14	Dave Coard	M45 to 49	Boxfit	00:51:58	116	01:31:00	216	00:15:20	76	02:38:19
163	25	Neil Whitehouse	M40 to 44	University Tri - Duathlon Club	00:52:22	122	01:29:13	194	00:16:56	154	02:38:32
164	26	Conor Mcentee	M30 to 34	Ashurst Bike Club	00:54:12	154	01:28:26	181	00:16:17	122	02:38:57
165	6	Victoria Rusius	F Elite	BRAT	00:54:32	161	01:27:50	174	00:16:46	148	02:39:10
166	26	Simon Wood	M35 to 39	Sheffield Tri	00:56:07	186	01:27:16	172	00:16:14	118	02:39:39
167	1	Helen Trees	F45 to 49		00:56:32	193	01:26:20	157	00:16:50	149	02:39:44
168	15	Ian Imeson	M45 to 49		00:54:52	166	01:26:32	160	00:18:36	224	02:40:01
169	3	Cathy Russell	F25 to 29	Richardallenfitness.com	00:55:32	178	01:28:01	176	00:16:31	138	02:40:06
170	3	Keith Walker	M60 to 64	Tri Sport Epping	00:57:27	204	01:26:01	152	00:16:38	143	02:40:08
171	16	Mark Lines	M45 to 49	Wrekinsport	00:54:12	155	01:29:12	193	00:16:55	153	02:40:20
172	27	David Griffiths	M30 to 34	TFN Tri Club	00:59:21	230	01:23:42	126	00:17:19	165	02:40:24
173	9	Philip Shakeshaft	M50 to 54	Wakefield Tri Club	00:57:31	206	01:25:32	144	00:17:21	166	02:40:27
174	28	Nigel Elson	M30 to 34	Meynell Valley Hunters	00:54:00	147	01:30:47	212	00:15:50	103	02:40:38
175	20	Adam Bradley	M25 to 29	Wolverhampton Uni Tri	00:54:34	162	01:28:13	179	00:17:51	189	02:40:40
176	7	Heather Jackson	F Elite	Loughborough Students	00:52:17	120	01:32:14	230	00:16:13	116	02:40:47
177	17	Mark Gordon	M45 to 49	Thames Turbo	00:54:29	158	01:28:51	186	00:17:41	185	02:41:03
178	4	Sarah Russell	F35 to 39	Tunbridge Wells Harriers TC	00:56:04	184	01:28:55	187	00:16:16	121	02:41:16
179	27	Jon Bland	M35 to 39		00:58:09	214	01:26:39	163	00:16:41	145	02:41:31
180	29	Lee Goodman	M30 to 34	Team MK	00:58:30	223	01:24:16	133	00:18:54	235	02:41:42
181	18	Steven Regan-watts	M45 to 49		00:55:53	180	01:28:27	182	00:17:22	167	02:41:43
182	8	Nikki Porter	F30 to 34	Army Triathlon Association	00:58:15	217	01:25:48	146	00:17:40	183	02:41:44
183	30	John Swinney	M30 to 34	Chester Tri	01:00:16	239	01:24:03	130	00:17:32	177	02:41:52
184	4	Richard File	M60 to 64	Berkshire Tri Squad	00:58:12	215	01:26:00	151	00:17:54	194	02:42:07
185	26	Jonathan Lee	M40 to 44	Tri Team Glos	00:57:31	207	01:27:03	167	00:17:46	187	02:42:21
186	9	Charlotte Arnold	F30 to 34	Hillingdon Triathletes	00:58:14	216	01:27:11	169	00:16:54	152	02:42:21
187	28	Martin Penny	M35 to 39	Ripley Running Club	00:56:13	188	01:28:41	184	00:17:36	181	02:42:31
188	19	Mark Clayton	M45 to 49		00:55:00	170	01:30:09	207	00:17:36	180	02:42:47
189	21	Gareth Smith	M25 to 29		00:54:11	153	01:30:09	206	00:18:27	216	02:42:49
190	29	Phil Walker	M35 to 39		00:54:37	163	01:30:39	211	00:17:30	172	02:42:49
191	27	David Hayward	M40 to 44		00:58:17	219	01:26:07	153	00:18:26	214	02:42:52
192	30	Tim Doyle	M35 to 39	TFN Tri Club	00:52:56	133	01:32:08	229	00:17:54	192	02:43:01
193	10	Melissa Arkinstall	F30 to 34	Hillingdon Triathletes	00:58:07	212	01:28:42	185	00:16:51	150	02:43:41
194	28	Mike Liddall	M40 to 44	Zak's Dad	00:59:15	229	01:24:16	134	00:20:15	260	02:43:47
195	31	Nigel Worthington	M30 to 34		00:53:19	139	01:31:46	223	00:18:46	231	02:43:53
196	2	Tonya Antonis	F40 to 44	scientificcoaching.com	00:55:52	179	01:31:07	219	00:16:58	158	02:43:59
197	20	Mike James	M45 to 49	BAD Tri	01:00:03	237	01:26:47	165	00:17:26	168	02:44:18
198	6	Nigel Burvill	M55 to 59	Tri Sport Epping	00:59:39	234	01:27:51	175	00:16:59	159	02:44:30
199	10	John Taylor	M50 to 54	Thames Turbo	00:57:16	202	01:29:01	189	00:18:24	211	02:44:43
200	21	Clint Proffitt	M45 to 49	Derbyshire Police	00:56:18	189	01:32:05	228	00:16:27	137	02:44:52
201	5	Christopher Hills	M60 to 64		00:59:56	236	01:26:19	156	00:18:36	225	02:44:53
202	11	Charlotte East	F30 to 34	Wimbledon Windmilers	01:02:26	266	01:24:38	137	00:17:53	191	02:44:59
203	7	Simon Bowen	M55 to 59		00:57:42	209	01:28:56	188	00:18:35	222	02:45:14
204	22	Jon Wootten	M45 to 49		01:01:15	250	01:25:49	147	00:18:10	205	02:45:15
205	1	Claire Weldon	F20 to 24	trybike.co.uk	00:58:28	222	01:29:36	198	00:17:10	162	02:45:15
206	29	Nick Riley	M40 to 44	Ashurst Bike Club	00:58:18	220	01:29:06	192	00:17:58	199	02:45:23
207	31	Danny Evans	M35 to 39	Derby Tri Club	00:56:54	198	01:30:51	213	00:17:54	193	02:45:41
208	30	Andy Clapham	M40 to 44	H+H Harriers	00:54:07	150	01:32:36	233	00:19:24	246	02:46:09
209	6	John Shirley	M60 to 64	Gears & Tears	00:57:55	210	01:29:47	201	00:18:43	230	02:46:27
210	12	Libby Cameron	F30 to 34	Met Police Tri	00:57:09	201	01:30:59	215	00:18:39	228	02:46:50
211	11	Steve Elliott	M50 to 54	Derby Tri Club	01:00:53	245	01:28:34	183	00:17:40	184	02:47:09
212	12	Stewart Lebelinski	M50 to 54	LVRC	00:58:25	221	01:31:07	218	00:17:41	186	02:47:15
213	31	Stephen Watkins	M40 to 44		01:01:16	252	01:28:08	178	00:18:07	203	02:47:33

214	32 Greg Shelley	M30 to 34		00:00:00	00:00:00	00:00:00	02:47:38
215	1 John Clarke	M65 to 69	Sheffield Tri	01:00:16	238 00:00:00	00:00:00	02:47:41
216	7 Vernon Thomas	M60 to 64	Greenwich Tritons	01:02:14	262 01:26:56	166 00:18:33	221 02:47:44
217	33 Simon Priest	M30 to 34		00:59:22	231 01:29:39	199 00:18:51	233 02:47:54
218	32 Philip Hobson	M40 to 44		00:55:14	174 01:33:11	237 00:19:32	248 02:47:59
219	13 Rebecca Francis	F30 to 34	Sportstest.co.uk	00:58:08	213 01:33:47	240 00:16:57	156 02:48:53
220	5 Sarah Anne McLeod	F35 to 39	Thames Turbo Sigma Sport	01:00:36	240 01:30:05	204 00:18:15	207 02:48:57
221	14 Cathlyn Orchard	F30 to 34	BRAT	01:01:12	247 01:30:21	208 00:18:22	210 02:49:57
222	13 Mike Yeomans	M50 to 54		00:59:43	235 01:31:41	221 00:18:32	220 02:49:58
223	8 John Helliwell	M60 to 64	Adwick Tri Club	00:58:16	218 01:33:34	239 00:18:25	213 02:50:17
224	9 Malcolm Leatherdale	M60 to 64	Andover Triathlon Club	00:59:31	233 01:31:51	225 00:19:08	239 02:50:31
225	10 Ken Treadwell	M60 to 64	Sevenoaks Tri Club	01:02:27	269 01:29:52	202 00:18:31	219 02:50:52
226	33 Bill Livingstone	M40 to 44	GETC	01:00:49	244 01:30:33	210 00:19:37	251 02:51:01
227	23 Andrew Davison	M45 to 49		01:01:15	251 01:31:46	222 00:18:16	208 02:51:19
228	34 Jon Bennett	M30 to 34	Derby Tri Club	01:02:39	270 01:29:45	200 00:18:58	237 02:51:24
229	34 Mark Taylor	M40 to 44	trybike.co.uk	01:02:44	273 01:30:07	205 00:18:35	223 02:51:27
230	22 Jonathan Garton	M25 to 29		00:56:37	195 01:36:29	253 00:18:42	229 02:51:51
231	32 David Ohren	M35 to 39	4 Life Tri Club	01:01:13	248 01:31:47	224 00:18:55	236 02:51:56
232	35 David Miles	M40 to 44	Team pen-island	01:01:24	253 01:29:04	191 00:21:42	276 02:52:12
233	24 Brian Martin	M45 to 49	Army Triathlon Association	00:56:06	185 01:38:25	263 00:17:50	188 02:52:23
234	3 Debbie Manners	F40 to 44	Serpentine	00:58:31	224 01:35:29	250 00:18:28	217 02:52:30
235	33 Paul Frampton	M35 to 39	Pactrac	01:01:03	246 01:32:00	227 00:19:28	247 02:52:32
236	14 Andrew Bradley	M50 to 54	Wolverhampton Uni Tri	00:53:42	144 01:40:54	272 00:18:17	209 02:52:55
237	2 Alfred Pollard	M65 to 69	Deal Tri	01:02:18	264 01:32:00	226 00:18:38	227 02:52:58
238	23 Tim Wells	M25 to 29		00:58:51	225 01:34:21	245 00:20:15	259 02:53:29
239	36 Simon Broomhead	M40 to 44		01:01:36	256 01:34:11	242 00:17:54	195 02:53:43
240	15 Louise Worthington	F30 to 34		01:01:58	260 01:34:20	244 00:17:35	178 02:53:56
241	25 Gavin Biggs	M45 to 49	Chorley Tri	01:02:26	267 01:34:03	241 00:17:31	175 02:54:02
242	16 Rebecca Weston	F30 to 34	Tri-Lakeland	01:04:46	283 01:31:06	217 00:18:12	206 02:54:05
243	17 Louise Bennett	F30 to 34		01:01:14	249 01:34:50	247 00:18:08	204 02:54:13
244	4 Sara Riley	F40 to 44	Leeds & Bradford Tri Club	01:05:46	291 01:30:32	209 00:18:04	201 02:54:24
245	5 Susan Turner	F40 to 44	Oxford Tri	01:01:45	257 01:34:14	243 00:18:30	218 02:54:31
246	11 Philip Robinson	M60 to 64	Otley Athletic Club	00:59:30	232 01:37:32	257 00:17:53	190 02:54:57
247	34 Paul Sinclair	M35 to 39	Leeds & Bradford Tri Club	01:05:33	290 01:31:25	220 00:18:24	212 02:55:24
248	37 David Child	M40 to 44		00:57:40	208 01:39:14	265 00:19:00	238 02:55:56
249	3 Bob Luck	M65 to 69	East Grinstead TC	01:05:51	293 01:30:55	214 00:19:22	245 02:56:10
250	6 Inna Atkinson	F35 to 39	Derby Tri Club	01:03:57	279 01:33:06	235 00:19:11	241 02:56:16
251	35 Daren Roscoe	M30 to 34	Hillingdon Triathletes	00:56:18	190 01:35:17	249 00:24:49	292 02:56:26
252	1 Les Bailey	M70 to 74	Worcester Tri	01:04:50	285 01:29:03	190 00:22:33	280 02:56:28
253	1 Elspeth Knott	F55 to 59	Harwich Runners	01:05:08	287 01:32:25	231 00:19:10	240 02:56:44
254	6 Jan Rogers	F40 to 44	Chester Tri	01:05:12	288 01:32:30	232 00:19:16	243 02:56:59
255	12 William Hammerton	M60 to 64		01:07:01	298 01:29:35	197 00:20:32	265 02:57:09
256	38 Anthony Spencer	M40 to 44		01:00:37	241 01:37:51	258 00:18:52	234 02:57:22
257	39 Mark Walsh	M40 to 44	Barracuda/Humberside Fire	00:54:55	169 01:44:29	280 00:17:58	198 02:57:24
258	8 Graham Reynolds	M55 to 59	Coventry Triathletes	01:05:04	286 01:32:41	234 00:20:14	258 02:58:01
259	7 Justine Williams	F35 to 39	BAD Tri	01:01:51	259 01:38:03	259 00:18:46	232 02:58:42
260	24 Chris Bunker	M25 to 29		01:01:59	261 01:37:08	256 00:19:35	250 02:58:44
261	36 Gareth Blackbird	M30 to 34		01:03:56	278 01:35:06	248 00:21:07	271 03:00:12
262	26 Shaun Willox	M45 to 49	Barracuda Tri Club	01:02:14	263 01:39:19	266 00:19:15	242 03:00:49
263	35 Steve Casey	M35 to 39		00:59:07	226 01:40:31	271 00:21:10	272 03:00:50
264	27 Barry Hallam	M45 to 49		01:03:39	276 01:38:08	260 00:19:56	253 03:01:46
265	2 Peter Norman	M70 to 74	Wreccsam Tri Club	01:07:39	301 01:33:09	236 00:21:02	268 03:01:52

266	1 Hilary Walker	F50 to 54	Serpentine	01:09:03	305 01:33:17	238 00:20:17	262 03:02:39
267	40 Lloyd Alexander	M40 to 44		01:01:26	254 01:41:31	274 00:20:01	254 03:03:00
268	15 Billy Straughan	M50 to 54		01:01:48	258 01:40:31	270 00:20:56	267 03:03:16
269	2 Christine Hamilton	F45 to 49	Sportstest.co.uk	01:06:05	294 01:36:53	255 00:20:25	263 03:03:25
270	16 Chris Upton	M50 to 54		01:06:38	297 01:36:43	254 00:20:11	257 03:03:33
271	7 Tracey Hall	F40 to 44	Worcester Tri	01:03:51	277 01:39:38	267 00:20:08	256 03:03:38
272	4 Brian Grierson	M65 to 69	Southampton Tri Club	01:07:41	302 01:35:59	252 00:20:25	264 03:04:06
273	18 Angela Leck	F30 to 34		01:00:37	242 01:45:10	282 00:18:26	215 03:04:14
274	19 Sara Duncan	F30 to 34	TFN Tri Club	01:02:39	271 01:43:23	275 00:18:37	226 03:04:40
275	5 Nigel Dimmock	M65 to 69	Coventry Triathletes	01:04:27	282 01:40:56	273 00:19:19	244 03:04:43
276	2 Jan Farmer	F55 to 59	Serpentine	01:05:48	292 01:38:22	262 00:21:12	273 03:05:22
277	28 Grant Dudley-Toole	M45 to 49	Black Country Triathletes	01:06:25	296 01:38:43	264 00:20:17	261 03:05:27
278	41 Nick Brookes	M40 to 44		01:02:26	268 01:40:16	269 00:23:44	287 03:06:28
279	9 Dave Smith	M55 to 59		01:03:19	274 01:43:50	277 00:19:33	249 03:06:43
280	2 Russ Carter	RELAY	DFL	01:16:15	315 01:29:52	203 00:21:06	270 03:07:15
281	3 Colin Hewick	RELAY	Team Steady	01:01:31	255 01:44:05	278 00:22:13	279 03:07:51
282	29 Tim Bedford	M45 to 49	Intropes Racing Team	01:11:04	309 01:34:41	246 00:23:02	283 03:08:48
283	42 Paul Nightingale	M40 to 44		01:10:58	308 01:39:41	268 00:20:06	255 03:10:47
284	20 Chantelle Swart	F30 to 34	Pactrac	01:06:14	295 01:43:34	276 00:21:05	269 03:10:54
285	43 Alan Keeling	M40 to 44		01:04:49	284 01:44:19	279 00:21:58	277 03:11:07
286	36 Tony Taylor	M35 to 39	Derby Tri CLub	01:11:05	310 01:38:14	261 00:23:09	284 03:12:29
287	44 Graham Parker	M40 to 44		01:02:22	265 01:47:25	284 00:22:44	281 03:12:33
288	8 Kimberly Kabatoff	F35 to 39	Serpentine	01:08:37	303 01:44:36	281 00:21:36	275 03:14:50
289	30 Mark Saxton	M45 to 49		01:03:21	275 01:51:54	286 00:19:40	252 03:14:56
290	31 Steve Tatem	M45 to 49	Derby Tri CLub	01:05:18	289 01:45:32	283 00:24:08	290 03:14:59
291	3 Eric Barber	M70 to 74	Torbay Tri Club	01:04:01	280 01:50:19	285 00:23:54	288 03:18:15
292	4 Katie Blackbird	F25 to 29		01:07:13	299 01:52:16	288 00:20:43	266 03:20:13
293	3 Alison Johnston	F45 to 49	Derby Tri CLub	01:09:00	304 01:55:12	291 00:21:32	274 03:25:46
294	4 Nicky Godridge	F45 to 49	Derby Tri CLub	01:10:01	306 01:54:07	290 00:22:09	278 03:26:19
295	6 Michael Curran	M65 to 69		01:04:05	281 01:58:29	293 00:23:57	289 03:26:33
296	8 Carolyn Waywell	F40 to 44		01:12:33	312 01:56:59	292 00:22:56	282 03:32:30
297	5 Catherine Grum	F25 to 29		01:11:32	311 02:01:43	294 00:23:28	285 03:36:46
298	37 John Miller	M35 to 39		01:07:13	300 02:07:11	296 00:23:42	286 03:38:07
299	45 Paul Homan	M40 to 44		01:22:50	316 01:52:54	289 00:24:15	291 03:40:00
300	6 Katie Dimon	F25 to 29		01:12:34	313 02:02:30	295 00:26:55	295 03:42:01
301	25 Mark Newman	M25 to 29		01:24:27	317 01:52:06	287 00:26:07	294 03:42:41
302	46 Mahendra Patel	M40 to 44		01:15:41	314 02:14:37	297 00:25:23	293 03:55:43
	Claire Loades	F30 to 34		01:10:02	307 01:35:30	251 DNF	DNF
	Andy Lines	M40 to 44	Coventry Triathletes	00:57:57	211 01:29:19	196 DNF	DNF
	James Attard	M25 to 29	Australia	00:43:23	5 DNF	DNF	DNF
	Nick Dunn	M25 to 29	2XU TFN RT	00:45:37	20 DNF	DNF	DNF
	Peter Holmes	M20 to 24	Team Mildred	00:46:02	25 DNF	DNF	DNF
	Dave Brown	M25 to 29	Team Milton Keynes/Phil Corley Cycles	00:46:29	33 DNF	DNF	DNF
	Richard O'Connor	M30 to 34		00:49:07	64 DNF	DNF	DNF
	James Endicott	M25 to 29	2XU TFN RT	00:49:44	73 DNF	DNF	DNF
	David Hutchinson	M35 to 39	Pactrac	00:50:27	86 DNF	DNF	DNF
	Pete Wager	M30 to 34	Swim Bike Run	00:50:30	87 DNF	DNF	DNF
	Steve Paine	M30 to 34	2XU TFN RT	00:50:34	88 DNF	DNF	DNF

Marc Scriven	M45 to 49	trybike.co.uk	00:51:07	99	DNF	DNF	DNF
Kate Foster	F25 to 29	Thames Turbo Sigma Sport	00:57:22	203	DNF	DNF	DNF
Eric Wintersgill	M55 to 59	Lincoln Tri	00:57:28	205	DNF	DNF	DNF
Dave Rose	M60 to 64	Team pen-island	00:59:09	228	DNF	DNF	DNF
Amanda Kerr	F25 to 29	Cardiff Triathlon Club	01:00:39	243	DNF	DNF	DNF
Anthony Swift	M25 to 29		01:02:43	272	DNF	DNF	DNF
Mike Hall	M75 to 79	Durham Tri Club	01:32:46	318	DNF	DNF	DNF