

Pos	#	Name	Sex	Cat	Club	Run	Bike	Run	Overall
1	11	Philip Wylie	M	E	Bicycleworks	00:44:36	01:12:00	00:45:54	02:42:30
2	1	Lee W Piercy	M	F	Primera Bournemouth	00:44:53	01:08:09	00:50:27	02:43:29
3	2	Richard Hunt	M	G	Army Triathlon Association	00:44:53	01:08:10	00:52:00	02:45:03
4	335	Paul Rogers	M	H	Black Country TC	00:44:39	01:11:44	00:49:42	02:46:05
5	225	Paul Holdaway	M	E	Team Lifestyle	00:46:52	01:10:39	00:51:56	02:49:27
6	164	David Vaughan	M	E		00:44:07	01:18:00	00:47:29	02:49:36
7	4	Ian M White	M	H	Tri UK	00:46:22	01:16:12	00:48:52	02:51:26
8	351	Jon Parkinson	M	H	Torbay TC	00:44:54	01:14:29	00:52:16	02:51:39
9	70	Daz Carter	M	F	Ironhead Racing	00:45:32	01:14:49	00:51:33	02:51:54
10	37	Henry Brown	M	F		00:46:14	01:16:17	00:51:33	02:54:04
11	201	Carl Bevins	M	E		00:47:58	01:14:47	00:52:07	02:54:52
12	207	Alex Brooks	M	E		00:46:44	01:13:30	00:54:42	02:54:56
13	218	Peter Forester	M	E		00:50:55	01:15:11	00:50:08	02:56:14
14	391	Nigel Bunn	M	H		00:46:02	01:18:06	00:52:13	02:56:21
15	349	Simon Hall	M	H	FVS Tri	00:48:23	01:16:45	00:51:18	02:56:26
16	329	Greg Baxter	M	H		00:46:28	01:19:54	00:50:10	02:56:32
17	239	Robert Hunter	M	G	Farnham Tri Club	00:49:30	01:13:25	00:53:41	02:56:36
18	7	Neil Smith	M	F	Ful-on Tri	00:46:23	01:18:21	00:51:55	02:56:39
19	361	Carl A Plumpton	M	H	Crystal Palace TC	00:47:30	01:18:09	00:51:10	02:56:49
20	140	Phil Gall	M	G	Kingfisher TC	00:49:10	01:14:08	00:54:08	02:57:26
21	80	Ben Saunders	M	F		00:48:32	01:14:26	00:54:35	02:57:33
22	332	Andy Hoiles	M	I	gearsandtears.com	00:51:15	01:11:40	00:54:52	02:57:47
23	322	David Freeman	M	H		00:46:21	01:18:21	00:53:48	02:58:30
24	12	Mark Shaw	M	G	Boneshakers RT	00:50:16	01:13:13	00:55:02	02:58:31
25	6	Guy Bellamy	M	F	Tri Condor	00:48:42	01:16:04	00:53:50	02:58:36
26	85	Brian Howarth	M	G	Leeds & Bradford TC	00:50:16	01:13:08	00:56:19	02:59:43
27	147	Charles Willis-Owen	M	F		00:48:19	01:14:21	00:57:19	02:59:59
28	223	Jonathan Heasman	M	F	Thames Turbo	00:51:02	01:12:27	00:57:28	03:00:57
29	81	Adam Bardsley	M	G		00:49:10	01:19:08	00:52:58	03:01:16
30	120	Greg Funnell	M	E		00:50:16	01:15:08	00:56:25	03:01:49
31	244	James Stuart	M	F		00:51:47	01:16:18	00:54:00	03:02:05
32	9	Richard Vaudin	M	H	gearsandtears.com	00:48:57	01:18:12	00:55:30	03:02:39
33	82	Nick Sullivan	M	F	Ful-on Tri	00:49:32	01:15:23	00:57:53	03:02:48
34	457	Helen A Parkinson	F	F	Torbay TC	00:48:47	01:20:32	00:53:31	03:02:50
35	268	Karl Sherry	M	I	Tri Anglia	00:50:36	01:17:48	00:54:41	03:03:05
36	77	Ben Forsyth	M	F	London Dynamo	00:51:43	01:14:46	00:56:38	03:03:07
37	337	David M Thompson	M	H	Larkfield AC	00:50:59	01:19:20	00:53:55	03:04:14
38	246	Jeremy O'Hart	M	F		00:46:20	01:20:24	00:57:56	03:04:40
39	190	Barnaby Gray	M	G	gearsandtears.com	00:49:09	01:20:06	00:55:40	03:04:55
40	382	Nicholas M Holmes	M	I	Farnham Tri Club	00:53:30	01:17:12	00:55:22	03:06:04
41	274	Nigel J Notley	M	I	Phoenix TC	00:49:59	01:18:29	00:57:37	03:06:05
42	154	Hugh MacKenzie	M	E		00:53:12	01:14:57	00:58:20	03:06:29
43	253	Lee Kemp	M	E		00:46:52	01:27:07	00:52:33	03:06:32
44	107	James Easson	M	E	Met Police TC	00:51:52	01:23:37	00:51:08	03:06:37
45	53	Jonathan Gardner	M	G	Highgate Harriers	00:49:41	01:22:08	00:54:51	03:06:40
46	281	Dariusz Szarmach	M	H		00:49:33	01:19:03	00:58:18	03:06:54
47	47	Greg Shelley	M	F		00:50:07	01:19:23	00:58:05	03:07:35
48	219	Tom Middleton	M	F		00:52:38	01:20:39	00:54:27	03:07:44
49	356	Nick Folland	M	H		00:49:29	01:22:05	00:56:24	03:07:58
50	136	Francis Staunton	M	G		00:47:07	19 01:21:19	74 00:59:35	71 03:08:01
51	115	Mark Cowen	M	E		00:49:08	01:16:17	01:02:47	03:08:12
52	375	Dominic Staunton	M	H		00:54:55	01:17:20	00:55:59	03:08:14
53	354	Richard Brockett	M	H		00:53:12	01:17:11	00:57:57	03:08:20
54	187	Pete Robins	M	G	Kingfisher TC	00:51:55	01:21:12	00:55:38	03:08:45
55	16	Dan McCormack	M	F		00:49:55	01:25:18	00:55:04	03:10:17
56	217	Mark Racher	M	E	FVS Tri	00:50:55	01:16:54	01:03:11	03:11:00
57	273	Andrew Bass	M	I	Serpentine	00:48:44	01:27:34	00:56:09	03:12:27
58	165	Hannes van Rensburg	M	E		00:53:20	01:19:31	01:00:22	03:13:13
59	25	Thomas Robinson	M	E	Ful-on Tri	00:49:44	01:19:31	01:03:59	03:13:14
60	376	David Meller	M	H	Trent Park RC	00:49:39	01:21:24	01:02:16	03:13:19
61	353	Simon Clark	M	H		00:53:19	01:18:54	01:01:31	03:13:44
62	291	Mark Uzzell	M	H	Swindon TC	00:56:34	01:18:42	00:58:29	03:13:45
63	209	Benjamin Storey	M	F	East Essex TC	00:56:31	01:17:03	01:00:18	03:13:52
64	17	Matthew Kingston-Lee	M	F		00:52:52	01:23:53	00:57:09	03:13:54
65	5	Andy Kett	M	F	North Norfolk Beach Runners	00:50:16	01:17:13	01:06:32	03:14:01
66	94	Steve Hammond	M	F		00:51:17	01:28:48	00:55:37	03:15:42
67	205	James Blackley	M	E		00:55:11	01:21:20	00:59:15	03:15:46
68	122	Paul Rogers	M	E		00:51:44	01:19:39	01:04:36	03:15:59
69	18	Tim Adams	M	F		00:50:08	01:27:15	00:58:40	03:16:03
70	172	Slawomir Szulc	M	F	Team Outrageous	00:53:46	01:18:19	01:04:21	03:16:26

71	282	Phil Jarvis	M	H	T2 Triathlon	00:56:08		01:17:44		01:02:43		03:16:35
72	86	David Shilland	M	F		00:54:14		01:21:36		01:00:47		03:16:37
73	473	Stephen Roberts	M	J	OO Tri	00:53:55		01:23:21		00:59:35		03:16:51
74	314	James Harness	M	H	Sevenoaks TC	00:57:16		01:21:10		00:58:39		03:17:05
75	112	Dom Irvine	M	G		00:56:25		01:21:46		00:59:03		03:17:14
76	222	John Dick	M	F		00:54:16		01:26:04		00:56:56		03:17:16
77	123	Nick Dove	M	G		00:57:55		01:19:59		00:59:25		03:17:19
78	241	Robert Alston	M	E	Trent Park RC	00:48:52		01:24:39		01:03:57		03:17:28
79	39	Richard M Buckingham	M	G		00:52:21		01:22:47		01:02:23		03:17:31
80	117	Paul Harris	M	E	Hailsham Harriers	00:56:09		01:23:36		00:58:03		03:17:48
81	157	Nicholas Mace	M	G	Somerset RC Tri	00:53:37		01:22:16		01:02:18		03:18:11
82	252	Martin Hodgkins	M	G		00:58:36		01:21:49		00:57:50		03:18:15
83	421	Sarah O'Byrne	F	F		00:57:06		01:21:21		01:00:01		03:18:28
84	315	Michael Everington	M	I	Kingfisher TC	00:53:24		01:24:44		01:00:22		03:18:30
85	243	Matthew Heywood	M	F	Hammer Nutrition	00:52:01		01:17:53		01:08:48		03:18:42
86	215	John Cameron	M	E		01:00:35		01:18:09		01:00:00		03:18:44
87	364	Brendan Fahy	M	H	Z TC (Epsom)	00:54:15		01:23:46		01:00:50		03:18:51
88	186	Alex Porter	M	F	Army Triathlon Association	00:55:11		01:19:56		01:03:50		03:18:57
89	434	Mel Varvel	F	G		00:56:01		01:21:57		01:01:10		03:19:08
90	158	Matthew K Elliott	M	F	Optima Racing Team	00:50:31		01:18:38		01:10:08		03:19:17
91	109	Matthew Ford	M	E	Ful-on Tri	00:54:55		01:22:06		01:02:22		03:19:23
92	10	Gary M Blesson	M	H	Sigma Sport Racing	00:47:11		01:15:04		01:17:08		03:19:23
93	227	Uli Kraeling	M	E	Ful-on Tri	00:57:00		01:16:46		01:06:34		03:20:20
94	131	Christian Elliott	M	F	Optima Racing Team	00:53:36		01:22:50		01:04:11		03:20:37
95	303	Chris Piper	M	H		00:56:38		01:27:33		00:56:42		03:20:53
96	179	Barclay Morison	M	G		00:57:07		01:20:45		01:03:11		03:21:03
97	139	David Sidgwick	M	G		00:56:57		01:22:44		01:01:33		03:21:14
98	450	Emma Smith	F	E	Brat	01:00:44		01:23:17		00:57:38		03:21:39
99	127	Graeme Woodcock	M	F		00:55:35		01:22:50		01:03:22		03:21:47
100	346	Michael Rudd	M	H		00:56:36		01:23:30		01:01:58		03:22:04
101	42	Alistair Duvoisin	M	F	Ful-on Tri	00:55:09		01:25:28		01:01:43		03:22:20
102	321	Paul Horsley	M	I	East Essex TC	00:56:21		01:21:14		01:05:01		03:22:36
103	60	John Russell	M	G	Tunbridge Wells Harriers	00:56:21		01:28:11		00:58:25		03:22:57
104	61	Harry Wilder	M	F		00:58:59		01:23:53		01:00:18		03:23:10
105	119	Simon Holroyd	M	G	Eton TC	00:56:46		01:27:39		00:58:48		03:23:13
106	381	Philip Scarles	M	I	SLH Tri Club	00:50:30	50	01:29:33	183	01:03:17	109	03:23:20
107	328	Dave Coard	M	I	Boxfit Tri	00:52:49		01:30:06		01:00:39		03:23:34
108	211	Johann Breytenbach	M	F		00:55:44		01:22:45		01:05:13		03:23:42
109	73	Ben Lloyd	M	E	ERC The Bicycleworks	00:57:16		01:25:08		01:01:21		03:23:45
110	144	Lawrence Down	M	F	www.votwo.co.uk	00:55:49		01:19:38		01:08:38		03:24:05
111	159	Clive Carter	M	F		00:54:17		01:25:52		01:04:21		03:24:30
112	416	Jayne Parker	F	E	Swindon TC	00:57:17		01:26:30		01:00:50		03:24:37
113	23	Jonathan Binks	M	G		00:58:36		01:23:09		01:02:59		03:24:44
114	36	Richard Bains	M	G		00:58:37		01:23:33		01:02:37		03:24:47
115	453	Samantha Tophill	F	H	FVS Tri	00:57:36		01:26:08		01:01:25		03:25:09
116	192	Jeffrey Orrey	M	F		00:55:58		01:21:12		01:08:33		03:25:43
117	475	Paul Etheridge	M	J		00:55:09		01:25:26		01:05:18		03:25:53
118	124	Simon Saunders	M	G	Tri Talk	00:57:42		01:25:18		01:02:55		03:25:55
119	103	Morgan J C Jackson	M	F		00:55:11		01:30:02		01:01:00		03:26:13
120	19	Stephen Robertson	M	F		00:54:16		01:25:13		01:06:54		03:26:23
121	488	Ian Gummery	M	J	Team Viper SMS	00:57:15		01:27:32		01:01:52		03:26:39
122	294	Howard Davis	M	I	Tri Force	00:57:56		01:26:17		01:02:43		03:26:56
123	466	Carla Molinaro	F	D	Army Triathlon Association	00:52:29		01:29:55		01:04:44		03:27:08
124	396	Duncan Jenkins	M	H		00:57:08		01:31:05		00:59:01		03:27:14
125	108	Alec Fitzsimmons	M	F		01:01:55		01:24:01		01:01:53		03:27:49
126	232	Neil Williams	M	G		01:00:00		01:24:11		01:03:51		03:28:02
127	228	Ben Wheeler	M	D	Team Viper SMS	00:56:35		01:27:27		01:04:07		03:28:09
128	171	Mariusz Biskupski	M	F	Iron Maiden Tri	00:54:17		01:26:44		01:07:27		03:28:28
129	247	Paul Jackson	M	F		00:59:43		01:23:29		01:05:21		03:28:33
130	279	Roland Brown	M	I	Tri-Force	00:59:35		01:24:50		01:04:20		03:28:45
131	45	Richard Baker	M	F		00:59:42		01:22:47		01:06:27		03:28:56
132	64	Tom Hillier	M	G	Tunbridge Wells Harriers	00:56:39		01:30:23		01:01:59		03:29:01
133	310	Dominic Brooks	M	H	Farnham Tri Club	00:57:16		01:21:47		01:10:01		03:29:04
134	43	Lee Charles	M	F	Berkshire Tri Squad	00:58:47		01:24:10		01:06:17		03:29:14
135	90	Ben Green	M	F		00:56:25		01:28:35		01:04:26		03:29:26
136	89	Christopher Mather	M	F		00:57:14		01:27:33		01:04:51		03:29:38
137	260	Gerard N Evans	M	H	LRNSC	01:00:39		01:25:32		01:03:44		03:29:55
138	40	Stuart Pearce	M	F		00:56:37		01:22:15		01:11:05		03:29:57
139	288	Neil Tolfrey	M	H		00:51:32		01:34:30		01:04:03		03:30:05

140	485	Simon Edge	M	K	Tri Anglia	01:00:17		01:25:15		01:04:35		03:30:07
141	71	Lee Shannahan	M	F	Army Triathlon	00:57:37		01:25:49		01:06:49		03:30:15
142	91	Phillip Taylor	M	E	Association	01:00:27		01:21:56		01:08:06		03:30:29
143	256	Rafael Villarreal	M	I		00:55:30		01:31:27		01:04:17		03:31:14
144	257	Panos Kakoullis	M	H	East London TC	01:02:14		01:25:33		01:03:39		03:31:26
145	494	Barrie Slee	M	J	Exeter TC	01:00:05		01:26:42		01:04:48		03:31:35
146	57	James Rodge	M	G		00:56:38		01:30:16		01:04:49		03:31:43
147	390	Jeremy Langdon	M	H	Stragglers	01:00:28		01:24:12		01:07:54		03:32:34
148	62	Murray Brindle	M	E		00:58:45		01:23:32		01:10:21		03:32:38
149	262	Nigel Herron	M	H	Brighton Phoenix	00:58:58		01:29:05		01:04:37		03:32:40
150	137	Stephen Stewart	M	G	Sheffield TC	01:01:43		01:24:37		01:06:24		03:32:44
151	93	Nat Defriend	M	F		01:00:21		01:21:55		01:10:44		03:33:00
152	189	Michael Diamond	M	D		00:53:20		01:38:51		01:01:19		03:33:30
153	248	Mark O'Brien	M	G		00:58:46		01:25:11		01:09:40		03:33:37
154	101	Benedict Rogers	M	F		01:01:15		01:28:19		01:04:10		03:33:44
155	235	Greg Cahill	M	F		00:55:45		01:23:48		01:14:34		03:34:07
156	237	Daniel T Bishop	M	F		00:46:37		01:16:31		01:31:00		03:34:08
157	445	Kirsti Thys	F	G	AVS Tri	01:02:45		01:27:01		01:04:23		03:34:09
158	495	Tim Andrews	M	J	Serpentine	00:57:54		01:26:44		01:09:32		03:34:10
159	350	Alan Burrows	M	I	Met Police TC	00:56:45		01:30:02		01:07:46		03:34:33
160	428	Charlotte East	F	F	Wimbledon Windmilers	01:01:17		01:26:44		01:06:52		03:34:53
161	182	Matthew Dawes	M	F		01:01:34		01:30:04		01:03:55		03:35:33
162	372	Robbie Laughton	M	H	FVS Tri	00:59:30		01:26:01		01:10:02		03:35:33
163	56	Paul Jenkinson	M	G	Serpentine	01:01:12		01:31:23		01:02:59		03:35:34
164	482	Ben Barden	M	K	Trinity	01:00:31		01:26:45		01:08:47		03:36:03
165	266	Roland Townson	M	H	East Grinstead	00:55:10		01:26:22		01:15:00		03:36:32
166	336	David Reynolds	M	H		01:02:58		01:24:58		01:09:07		03:37:03
167	263	Joe Bertorelli	M	I		01:02:18		01:24:57		01:10:21		03:37:36
168	242	Ian Roberts	M	F		01:00:43		01:27:37		01:09:46		03:38:06
169	155	Peter M Joy	M	G		00:58:46		01:26:18		01:13:08		03:38:12
170	199	Drew Gibson	M	F		00:56:59		01:28:11		01:13:05		03:38:15
171	126	Daniel Powell	M	F		01:00:20		01:32:51		01:05:46		03:38:57
172	430	Linda Robson	F	F	PSOF	00:59:42		01:28:38		01:11:13		03:39:33
173	359	Mark Batchelor	M	H		01:00:44		01:30:14		01:08:47		03:39:45
174	44	Steve Elswood	M	E	Ranelagh Harriers	00:57:55		01:31:17		01:10:37		03:39:49
175	128	Phil Sloss	M	F	Serpentine	01:01:44		01:28:51		01:09:29		03:40:04
176	306	Nick Brookes	M	H		00:58:34		01:31:56		01:09:52		03:40:22
177	202	Joakim Jonsson	M	F		00:56:25		01:32:47		01:11:17		03:40:29
178	477	Roy Beeley	M	L	1066 TC	01:01:52		01:30:37		01:08:10		03:40:39
179	492	Tony Hart	M	J		00:59:25		01:36:36		01:04:45		03:40:46
180	255	Nick Murns	M	G	Plympton Hash	00:59:37		01:34:51		01:06:26		03:40:54
181	493	Eric Thomas	M	J	Met Police TC	00:59:42		01:33:47		01:07:42		03:41:11
182	167	James Adams	M	E	Serpentine	00:58:42		01:37:49		01:04:57		03:41:28
183	414	Ali Bradburn	F	G	BAD Tri	01:07:46		01:25:25		01:08:19		03:41:30
184	285	Richard Horton	M	I	Deal Tri	01:02:04		01:31:45		01:07:48		03:41:37
185	304	Drew Lowrie	M	H	FVS Tri	01:03:21		01:29:24		01:08:55		03:41:40
186	50	Stuart McLeod	M	G		01:04:18		01:26:25		01:11:05		03:41:48
187	168	Michael McGeown	M	F	Serpentine	01:01:27		01:34:40		01:05:45		03:41:52
188	341	Andy Teale	M	H		01:03:17		01:27:35		01:11:00		03:41:52
189	452	Katherine Barker	F	D		01:00:35		01:32:40		01:09:08		03:42:23
190	367	Tim Vincent	M	H		01:01:17		01:29:13		01:12:03		03:42:33
191	125	James Roberts	M	F		00:58:58		01:30:50		01:12:47		03:42:35
192	196	Ian Farmer	M	G		01:05:11		01:23:26		01:14:22		03:42:59
193	151	Paul Barham	M	F		01:01:44		01:32:19		01:09:03		03:43:06
194	99	Simon Palmer	M	E		01:03:09		01:28:57		01:11:09		03:43:15
195	435	Ludovica Bruno	F	H	Serpentine	01:05:53		01:33:09		01:04:18		03:43:20
196	113	Jamie Anderson	M	D		01:01:34		01:34:07		01:07:59		03:43:40
197	340	Michael Cooke	M	H		01:03:17		01:30:40		01:09:53		03:43:50
198	290	Neil Williams	M	H	Two Kings	01:00:17		01:30:51		01:12:57		03:44:05
199	15	Gareth Edwards	M	F		01:06:11		01:31:25		01:06:42		03:44:18
200	102	Nick Chamberlain	M	F		01:06:21		01:26:11		01:11:53		03:44:25
201	188	Paul Garner	M	G	Amphibians 2 TC	00:56:58		01:34:51		01:12:39		03:44:28
202	365	Neil Maidment	M	I		01:01:09		01:35:33		01:07:51		03:44:33
203	436	Anja Heijnen	F	G		01:00:53		01:32:19		01:11:21		03:44:33
204	289	Carl Davis	M	I		01:11:16		01:21:53		01:11:57		03:45:06
205	26	Peter Gillett	M	E		01:04:01		01:33:31		01:07:36		03:45:08
206	95	Charlie A L Platts	M	F	Defra AC	01:03:10		01:32:41		01:09:56		03:45:47
207	67	Chris Bairstow	M	G		00:56:57		01:31:18		01:17:33		03:45:48
208	121	Mark Wingham	M	G		01:01:25		01:37:59		01:06:25		03:45:49
209	319	Peter Emery	M	I	SLH Tri Club	01:00:21	179	01:36:24	262	01:09:21	183	03:46:06
210	148	Nick Hockley	M	F	Serpentine	00:55:10		01:28:44		01:22:49		03:46:43
211	271	Colin Goff	M	H		01:07:09		01:29:25		01:10:14		03:46:48
212	145	Andrew Golden	M	G	Serpentine	00:59:43		01:31:55		01:15:25		03:47:03
213	368	Tim Hollingsworth	M	I	Tri Force	00:59:38		01:33:06		01:14:45		03:47:29

214	63	John Gough	M	G	Wimbledon Windmilers	01:03:09		01:31:21		01:13:11		03:47:41
215	419	Rosie Ingram	F	E	Serpentine	01:03:48		01:32:04		01:12:07		03:47:59
216	333	Alan Cowan	M	I		01:04:20		01:36:21		01:07:28		03:48:09
217	84	Ben Norman	M	F	Bedford Tracktors TC	00:59:36		01:26:40		01:21:53		03:48:09
218	111	Michael French	M	G		01:01:44		01:35:27		01:11:07		03:48:18
219	357	Martin Holt	M	H		01:03:29		01:35:13		01:09:45		03:48:27
220	185	James Mantle	M	F		01:02:50		01:35:02		01:10:47		03:48:39
221	398	Trevor LeVoi	M	I	Team Viper SMS	01:02:13		01:30:00		01:16:37		03:48:50
222	22	James Picking	M	F		01:07:27		01:30:32		01:11:02		03:49:01
223	129	Jan G Kriek	M	G		01:05:16		01:30:27		01:13:38		03:49:21
224	134	Ross Whitehead	M	G	Tri Talk	01:02:03		01:34:18		01:13:24		03:49:45
225	245	Peter Lewis	M	E		01:05:11		01:31:26		01:13:12		03:49:49
226	150	Richard Sargeant	M	G	Tri Anglia	01:01:17		01:29:22		01:19:11		03:49:50
227	296	Steve Fisher	M	I	East Essex TC	00:59:27		01:38:42		01:11:46		03:49:55
228	277	Ian Pattie	M	H		01:01:44		01:31:50		01:16:24		03:49:58
229	358	Graham Wadey	M	H		00:59:22		01:40:10		01:10:38		03:50:10
230	236	Tim Fletcher	M	G		01:06:47		01:30:13		01:13:14		03:50:14
231	106	Will Mepham	M	G		01:06:32		01:28:38		01:15:07		03:50:17
232	92	Tom Thompson	M	F		01:03:17		01:24:27		01:22:41		03:50:25
233	326	Sandy Sehmi	M	H	Ful-on Tri	01:05:19		01:35:56		01:09:30		03:50:45
234	363	Bill Shirley	M	H	Team Milton Keynes	01:04:40		01:30:38		01:16:03		03:51:21
235	312	Gary A McCready	M	H	Thames Turbo	01:00:49		01:48:55		01:01:47		03:51:31
236	72	Guy M Marks	M	F	Road Runners Club	00:58:47		01:30:43		01:22:12		03:51:42
237	324	David Hanley	M	H	Kingfisher TC	01:08:57		01:27:15		01:15:40		03:51:52
238	75	Christopher Hall	M	F	Crystal Palace TC	01:05:54		01:31:09		01:14:53		03:51:56
239	360	Glyn V Hirsch	M	I	Brat	01:02:50		01:33:32		01:16:00		03:52:22
240	318	James Mahoney	M	H		00:53:50		01:52:22		01:06:39		03:52:51
241	287	Nicholas Roux	M	H		01:04:52		01:29:58		01:18:03		03:52:53
242	130	Rahim A Mir	M	G		00:57:16		01:47:25		01:08:24		03:53:05
243	210	Howard Zabell	M	F	Cranleigh	00:54:42		01:24:52		01:33:35		03:53:09
244	300	Jonathan Woodier	M	I		01:07:17		01:28:23		01:17:30		03:53:10
245	415	Charmaine Wheeler	F	E	Team Viper SMS	00:59:33		01:40:59		01:12:42		03:53:14
246	32	James Horan	M	G	Amphibians 2 TC	01:06:19		01:26:44		01:20:24		03:53:27
247	384	Robert Winkelmann	M	H		01:04:55		01:25:23		01:23:10		03:53:28
248	479	Nigel Costiff	M	K	S L H	01:07:09	281	01:37:43	269	01:08:38	173	03:53:30
249	443	Katie Crowe	F	F	Serpentine	01:09:18		01:32:10		01:12:05		03:53:33
250	438	Michelle Bletso	F	G		01:04:42		01:34:30		01:14:36		03:53:48
251	267	Andrew Frith	M	H	Hillingdon Triathletes	01:08:41		01:34:27		01:10:41		03:53:49
252	34	Steve Gaze	M	F		01:01:38		01:35:22		01:16:50		03:53:50
253	347	Andrew Erritt	M	I		01:04:55		01:40:02		01:09:10		03:54:07
254	330	Andrew Jones	M	H	Serpentine	01:07:31		01:32:29		01:14:17		03:54:17
255	446	Claire Adams	F	H	Eton TC	01:03:07		01:44:58		01:06:17		03:54:22
256	14	Gugloo Sivia	M	G	Serpentine	01:08:20		01:34:23		01:11:50		03:54:33
257	166	Paul Millbank	M	G		01:05:45		01:35:22		01:14:39		03:55:46
258	51	Scott Walker	M	F	Met Police TC	01:03:29		01:37:56		01:14:51		03:56:16
259	293	Akin Bamgbaiye	M	H		01:06:16		01:33:58		01:16:45		03:56:59
260	197	David A Bleakney	M	F		01:05:11		01:34:25		01:17:39		03:57:15
261	385	Brian Borrows	M	H	Leicester TC	01:11:43		01:21:09		01:24:25		03:57:17
262	135	Troy Squires	M	E	SAUK Tri Club	01:08:32		01:34:25		01:14:26		03:57:23
263	213	Matthew Prier	M	G	Dunmow Tri	01:08:09		01:32:46		01:16:42		03:57:37
264	425	Samantha Neill	F	E		01:00:16		01:49:35		01:08:51		03:58:42
265	455	Holly Ferrar	F	E	Plymouth TC	01:07:17		01:36:09		01:15:38		03:59:04
266	373	Darren Woodhall	M	H	FVS Tri	01:01:53		01:36:49		01:20:27		03:59:09
267	278	Mark Norsworthy	M	I	Farnham Tri Club	01:05:20		01:42:38		01:11:25		03:59:23
268	429	Cathie Greasley	F	F	Crystal Palace TC	01:05:54		01:39:19		01:14:38		03:59:51
269	41	Geoff Heaton	M	F		01:09:05		01:44:50		01:07:54		04:01:49
270	395	Brennan Dwyer	M	H	Deal Tri	01:03:16		01:33:34		01:25:18		04:02:08
271	323	Tim Bedford	M	I		01:06:34		01:32:50		01:23:02		04:02:26
272	146	Peter Miller	M	F		01:09:10		01:38:29		01:14:53		04:02:32
273	444	Glenda Goscomb	F	I	Sevenoaks TC	01:06:17		01:47:10		01:09:59		04:03:26
274	301	Matthew L Johnston	M	H		01:04:11		01:40:53		01:18:54		04:03:58
275	283	A J Whybrow	M	H		01:05:47		01:36:00		01:22:17		04:04:04
276	216	Martin Horner	M	G		01:07:01		01:34:24		01:22:42		04:04:07
277	427	Sarah Danning	F	H	Plympton Hash	01:09:10		01:39:42		01:15:18		04:04:10
278	238	Geoff Carlier	M	G		01:10:24		01:27:24		01:26:30		04:04:18
279	370	Roy Whistlecroft	M	H		01:03:16		01:36:44		01:24:30		04:04:30
280	177	Rob Gerrard	M	G		01:09:10		01:28:26		01:27:13		04:04:49
281	424	Alison White	F	H	Plymouth TC	01:07:35		01:43:52		01:13:30		04:04:57
282	325	Raymond McDermott	M	I		01:05:44		01:40:15		01:19:04		04:05:03
283	440	Mary Matthews	F	E		01:04:10		01:43:40		01:17:24		04:05:14
284	463	Christine Sipidias	F	F		01:10:20		01:41:00		01:14:37		04:05:57
285	162	Dele Ryder	M	G		01:11:13		01:44:49		01:10:08		04:06:10

286	413	Josie Thompson	F	F		01:08:27		01:39:23		01:18:50		04:06:40
287	418	Tanya Carr	F	F	Serpentine	01:08:27		01:35:54		01:22:20		04:06:41
288	54	Iain Frost	M	E		01:04:18		01:40:05		01:22:39		04:07:02
289	55	Mark Steel	M	F		01:04:16		01:38:08		01:24:38		04:07:02
290	313	Keith Fowler	M	I		01:05:50		01:44:57		01:16:28		04:07:15
291	454	Jackie Drew	F	F	Watford Joggers	01:04:18		01:49:45		01:13:34		04:07:37
292	141	Conor McEvoy	M	G		01:00:53		01:40:14		01:26:52		04:07:59
293	21	Alex Grebnev	M	E		01:08:13		01:38:41		01:21:28		04:08:22
294	431	Gail Edmans	F	H		01:12:58		01:36:34		01:19:01		04:08:33
295	264	Wayne Greet	M	H		01:04:19		01:40:34		01:23:55		04:08:48
296	66	Dan Searle	M	F	Army Triathlon Association	01:06:57		01:41:37		01:21:07		04:09:41
297	432	Nerina Ramlakhan	F	H		01:08:32		01:40:36		01:21:10		04:10:18
298	276	Giles Baker	M	H		01:11:13		01:39:13		01:20:39		04:11:05
299	48	Gurvinder Gosal	M	E		01:03:56		01:35:32		01:31:47		04:11:15
300	96	Kris Fisk	M	F		01:07:50		01:40:37		01:24:16		04:12:43
301	78	David Quinn	M	G	Two Kings	01:04:59		01:40:51		01:27:23		04:13:13
302	295	Chris Thompson	M	H		01:01:16		01:32:31		01:39:41		04:13:28
303	433	Jacqui Kirk	F	F		01:09:19		01:39:18		01:25:12		04:13:49
304	265	Philip Elms	M	H	Dunmow Tri	01:14:20		01:35:40		01:24:02		04:14:02
305	183	Steve Morrison	M	G	Tonbridge Tri Club	01:09:07		01:40:36		01:25:07		04:14:50
306	458	Beky Hughes	F	E	Chiltern Harriers	01:10:18		01:47:46		01:17:21		04:15:25
307	74	Chris Simpson	M	G		01:07:59		01:40:11		01:27:43		04:15:53
308	426	Paula L Hewitt	F	G	Elmbridge Road Runrs	01:11:48		01:44:42		01:19:29		04:15:59
309	206	Anthony Ng	M	G		01:05:47		01:36:47		01:33:42		04:16:16
310	270	Tony Hewitt	M	I		01:11:48		01:44:43		01:19:59		04:16:30
311	27	Ian Causton	M	F		01:06:57		01:46:21		01:23:19		04:16:37
312	400	Mike Watkins	M	H		01:01:25		01:47:47		01:27:53		04:17:05
313	52	Paul Corallo	M	G		01:10:32		01:36:16		01:30:27		04:17:15
314	309	Tony Baxter	M	H	Farnham Tri Club	01:14:53		01:38:29		01:25:31		04:18:53
315	110	Simon Gray	M	G	Leeds & Bradford TC	01:14:53		01:29:54		01:35:54		04:20:41
316	59	Rob Stoker	M	F		01:08:41		01:38:43		01:34:09		04:21:33
317	83	Greg Dawson	M	F		01:03:54		01:39:08		01:38:31		04:21:33
318	387	James MacGowan	M	H		01:06:47		01:46:22		01:29:53		04:23:02
319	292	Simon Tew	M	H		01:06:55		01:45:27		01:33:04		04:25:26
320	320	Martin Landells	M	H	Winchester Road Runners	01:09:10		01:50:30		01:26:45		04:26:25
321	297	Stephen Landells	M	H		01:12:02		01:45:44		01:28:43		04:26:29
322	230	Dawid Nel	M	E		01:08:03		01:51:28		01:27:15		04:26:46
323	226	Paul Murray	M	G		01:07:55		01:48:06		01:30:45		04:26:46
324	272	Peter Streater	M	I		01:10:39		01:48:58		01:28:45		04:28:22
325	259	Martin Moore	M	H		01:15:12		01:37:17		01:35:53		04:28:22
326	233	Stuart Medlycott	M	G		01:15:25		01:38:27		01:34:56		04:28:48
327	138	Lewis Aldridge	M	F	Serpentine	01:14:31		01:45:58		01:29:49		04:30:18
328	191	Tim Brown	M	F		01:08:46		01:47:27		01:34:11		04:30:24
329	420	Megan R Kenney	F	G		01:14:37		01:47:26		01:28:30		04:30:33
330	441	Donise Winter	F	G		01:15:04		01:47:38		01:30:27		04:33:09
331	234	Brian Gallagher	M	D		01:14:38		01:49:14		01:34:44		04:38:36
332	175	Kelvin M Ara	M	E		01:05:06		01:54:14		01:42:11		04:41:31
333	399	Ray Barrett	M	H		01:15:04		01:47:39		01:43:48		04:46:31